

New Textured Modified Foods coming soon

New pureed products are coming to your site

HealthShare NSW is rolling out new textured modified products across the state.

The new products have an improved taste and appearance, and can provide improved nutritional outcomes for patients, while also delivering a better patient experience.

Benefits of the new products

The new texture modified products come from a new recipe, and they look and taste better than existing products. Our new products include moulded and unmoulded texture modified products.

We've piloted these products previously, and the results have shown improved patient experience and nutritional intake.

Also, the new products are more sustainable, with our pilot showing a 10% reduction in plate waste.

Moulded products

Many of our MPS sites will be receiving our new moulded products. Literature shows that for patients on pureed diets, moulding is an effective way to create a better meal experience and entice appetite as it more closely resembles food in its natural form.

Further, the new moulded products allow patients more choice in what they eat, as they can choose meal components with variety in type and combination.

How you can help

As you know, food and nutrition play a critical role in therapeutic outcomes for patients and their overall care, and in rolling out these new products we aim to increase both nutritional outcomes and patient experience.

Nurses already have a huge impact on patient experience and the wellbeing of patients and can play an important role in helping us roll out the new moulded products.

When providing feeding assistance, please feel free to talk to the patients and their carers about the new products, their improved taste and look, and the benefits of these foods. We hope that these new products lead to patients trying and eating more of the food.

When providing feeding assistance

The new moulded products allow patients more choice in what they eat, as they can choose from different meal components, in terms of both type and serving size.

Because these products have been made with the intention of serving them in moulded form, we would encourage you not to mix the products. Our pilot showed that these moulded products looked best when served as separate components, as intended.

Similarly, our non-moulded products should also be served separately.

For more information

If you'd like more information about our new products, please contact the Food Services Site Supervisor who can provide more details.