

## POSITION DESCRIPTION

# Child & Adolescent Mental Health Counsellor (Lvl 2) - Aboriginal Identified - Kempsey - Perm Full Time

Our CORE values  
Collaboration Openness Respect Empowerment



Organisation	NSW Health
Local Health District / Agency	Mid North Coast Local Health District
Position Classification	Counsellor Lvl 2
State Award	NSW Health Service Health Professionals (State) Award
Category	Allied Health   Counsellor
Vaccination Category	Category A
ANZSCO Code	272199 Counsellors nec
Website	<a href="http://www.mnclhd.health.nsw.gov.au">www.mnclhd.health.nsw.gov.au</a>

## PRIMARY PURPOSE

To provide culturally appropriate clinical mental health interventions and care coordination to children and young people with accessing mental health services. Assess, plan, implement and evaluate mental health care in collaboration with individuals, their families, carers, Government and NGO organisations and the mental health multidisciplinary team in order to facilitate positive outcomes for consumers in their recovery journey. Participate, organise and support community engagement and development activities in the Aboriginal community in relation to positive mental health and stigma reduction along with providing cultural input to the mental health team as required.

## COVID-19 VACCINATION COMPLIANCY

All NSW Health workers are required to have completed a primary course of a COVID-19 vaccine which has been approved or recognised by the Therapeutics Goods Administration (TGA). New applicants must have completed the vaccination course prior to commencement with NSW Health, or provide an approved medical contraindication certificate certifying the worker cannot have any approved COVID-19 vaccines available in NSW. Acceptable proof of vaccination is the Australian Immunisation Register (AIR) Immunisation History Statement or AIR COVID-19 Digital Certificate. Booster doses are highly recommended for all health care workers who have completed the primary course of COVID-19 vaccinations. Please provide proof of booster vaccination if available.

## ESSENTIAL REQUIREMENTS

As per selection criteria.

## KEY ACCOUNTABILITIES

- Conduct comprehensive mental health and psychosocial assessments of individuals presenting or referred to the mental health service
- Assist with the provision and management of medication for consumers
- Advocate, support and promote access to community programs and resources which may help facilitate consumer recovery journey

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- Provide assertive outreach and home visits to consumers
- Regular clinical reviews of the consumer and progress in collaboration with the treating team
- Model early intervention principles, a recovery focus and trauma informed practice in all aspects of service
- Educate the consumer and their family/carers regarding illness management and health promotion
- Manage, monitor, breach and support consumers regarding Community Treatment Orders and NSW Mental Health Act
- Effective engagement and collaboration with clients, their families and carers in the delivery of mental health service provision
- Adhere to relevant administrative protocols and procedures of the service including WH&S policies and procedures
- Maintain client records and other relevant record systems in accordance
- Attend and participate in meetings deemed necessary for administrative and professional purposes along with commitment to ongoing education to remain current in best practice
- Actively promotes and participates in patient safety and ongoing quality improvement programs. Engages in practices that promote the best possible health outcomes for patients/clients, and supports a culture of patient safety, clinical quality and innovation.
- Assist with the provision and management of child and young person requiring support and interventions with the Mental Health Service.
- Attend regular meetings a training as a part of the Aboriginal workforce for Mental Health Services

## KEY CHALLENGES

- Prioritising tasks involved with a managing a clinical caseload.
- Management of complex clinical issues with multiple stakeholders.
- Working with adults experiencing a range of mental ill health concerns

KEY RELATIONSHIPS	
Who	Why
Manager/Supervisor	Operational management, caseload monitoring and feedback of clinical/organisational issues.
Psychiatrist	Expert clinical support and consultancy, ongoing care and treatment of consumers.
Aboriginal Community	Liaison and collaboration with Aboriginal services

## SELECTION CRITERIA

1. Applicants for this position must be of Aboriginal descent through parentage, identify as being Aboriginal

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and be accepted in the community as such. All applicants must supply either a letter of Aboriginality signed under the common seal from a recognised incorporated Aboriginal or Torres Strait Islander Community organisation such as Land Council or Elders group, Aboriginal Medical Service or a letter on letterhead from a Local Aboriginal Land Council demonstrating membership of the Council. Exemption is claimed under Section 14D of the Antidiscrimination Act 1977 (NSW).

2. Must hold as a minimum a bachelor degree in counselling or a related field, or other qualification deemed equivalent by the employer.
3. Demonstrated proficient written, verbal and interpersonal communication skills with the ability to liaise with a broad range of consumers experiencing mental ill health
4. Extensive specialist or broad generalist knowledge, clinical proficiency and ability to work with minimal supervision, and collaboratively as a member of a multidisciplinary team
5. Ability to effectively prioritise and organise own work/caseload
6. Demonstrated commitment to professional development, quality improvement and evidence based practice
7. Demonstrated ability to engage, collaborate and liaise with Aboriginal community, individuals and organisations in a culturally appropriate manner
8. Current Drivers License and ability to travel as required

## OTHER REQUIREMENTS

Other Duties: Perform other duties as directed consistent with Award classification.

Vaccination: Category A

Closing the Gap: MNCLHD prioritises 'Closing the Gap' and improving the health outcomes of Aboriginal and Torres Strait Islander people. We are committed to development of culturally safe partnerships with local Aboriginal communities, organisations and Community Controlled Health Services.

Workplace Culture: Ensure all workplace conduct is consistent with the behaviours associated with MNCLHD values and the NSW Health Code of Conduct.

I agree to follow the MNCLHD's policy of zero tolerance towards workplace and family violence. I recognise that violence takes many forms subtle and overt including physical and psychological actions. I commit to not participate in these forms of violence and recognise it is illegal to do so. I will not initiate or participate as a bystander to violence. I will comply with MNCLHD organisational policy for responding to violence, recognising that all forms of violence are unacceptable, that violence is experienced by men, women and children, but most prevalent for women and children.

Workplace Diversity: Comply with and participate in the organisations workplace diversity policies and procedures.

Please note: A person who is not an Australian citizen or a permanent resident is only eligible for temporary employment for a period not longer than the duration of their current visa or a period not shorter than the duration of the advertised position.

Performance Review: A review of performance will be conducted 3 months after commencing and annually thereafter.

Finance and Assets: Manage allocated finance and resources efficiently and effectively.

Risk Management: All staff are expected to manage risks in their own area, and within their capacity and delegation of authority. Risks beyond a staff member's capacity or delegation need to be reported to their supervisor.

Work Health and Safety: Workers have a positive duty to demonstrate commitment to safety. This includes taking reasonable care for your own safety and others, participating with consultation arrangements and complying with work health and safety legislation, policies procedures and safety instructions.

Training: It is the responsibility of each staff member to comply with mandatory and other training requirements as directed by National, State and Local Legislation and Policy and as relevant to the position.

Continuous Quality Improvement: It is the responsibility of each staff member to be aware of the contents of the Policy and Procedures Manual(s) for their Department and to work within the principles contained therein.

Actively promotes and participates in patient safety and ongoing quality improvement programs. Engages in practices that promote the best possible health outcomes for patients/clients, and supports a culture of patient safety, clinical quality and innovation.

Non-smoking policy: MNCLHD sites are totally smoke free. Smoking is prohibited in the grounds, buildings and vehicles within the public health system.

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