



Health

Northern Sydney Local Health District

POSITION DESCRIPTION

Reference Number :	245424		
Recruitment Type	General Recruitment		
Position Number :	617088		
Position Title :	Clinical Psychologist - Early Psychosis Intervention Service		
Cost Centre :	Cost Centre	Code	%
	HKH Early Psychosis Intervention Service GEN(MH)	260268	100
Organisation unit :	NSW Health Service - Northern Sydney Local Health District		
Location :	Hornsby		
Facility :	Mental Health		
Advertised Award/Classification	Clinical Psychologist		
Registration/Licence Requirements :	Psychology Board of AustraliaPSY		
Vaccination Category :	Category A		
Employment Screening Check			
National Criminal Record Check :	Yes		
Working With Children Background Check :	Yes		
Working With Aged Care Check :	No		
Responsible To :	Community Services Manager through the EPIS Team Leader.		
Responsible For :	Nil.		
Purpose Of Position :	Provide specialist assessment and needs driven programs for young people (18-30yrs) who are experiencing first episode psychosis or at risk of experiencing psychosis, depression and anxiety, within the framework of a multidisciplinary team structure.		
	Provision of a mobile outreach service to young people.		
	A high level of co-operation and collaboration with the Acute Care Team and Inpatient Units.		
	Basic Objectives		
	Provision of mobile outreach capacity to support rapid and community based assessment and intervention.		
	Key Accountabilities		
	Performance of mental health assessment, planning, treatment and evaluation which includes the physical, psychological, emotional, social and spiritual needs of the consumer.		
	Ability to provide CBT interventions encompassing psychosis, anxiety and depression which are common in this client group.		
	Prevention or minimisation of the physical, psychological and social consequences of emerging or first onset psychosis by providing appropriate services.		
	Reduction in delay between onset of psychosis and access to treatment.		
	Prevention or minimisation of long term morbidity associated with psychosis.		
	Reduction in secondary trauma associated with hospitalisation.		
	Increase the number of young people treated at home.		
	Provision of information and education to the consumer, and carers on diagnosis, treatment/management opinions, expected outcome and process for review.		
	Participate in the multidisciplinary care planning and review process.		

Key Accountabilities :	<p>Ensure that consumers and/or carers of the service participate in their own treatment/management plans.</p> <p>Clinical Function as a key worker/case manager for clients at risk or experiencing first episode psychosis. Conduct relevant comprehensive clinical assessments and develop appropriate management plans in consultation with clients and carers of the service. Inform, support and educate clients and / or carers in relapse prevention, management of the effects of mental illness and health promotion strategies. Individualised evidence based therapeutic approaches for clients. Evidence based group programs that aim to increase the young person's knowledge about psychosis, decrease their risk factors for relapse and promote their psychological and social recovery. Participate in client clinical review and planning meetings providing a psychological perspective and formulation. Ensure that clients are regularly presented for review. Provide a crisis assessment and intervention service for clients and their carers. Attend clinical review meetings eg. Clinical review team meetings, ward rounds and case conferences. Monitor the compliance of prescribed medications, and any side effects. Educate clients to manage medication and related issues. Write relevant clinical reports as required eg. response to CTO's management plan to GP's, discharge summaries. Initiate, develop and participate in mental health promotion activities both within and outside the service. Ensure appropriate and timely discharge planning for all clients. Work in partnership with clients and/or carers to undertake an assessment of their health status and the development of individual treatment/care plans.</p> <p>Liaison Liaise with other agencies, taking an active role in promoting integration of people affected by mental illness with existing mainstream community resources. Act as a consultant on psychological practice and other professional matters to team members. Support, consult and co-operate with all team members. Liaise with all departments of the program as necessary in a timely, respectful manner.</p> <p>Administration Completion of all Mental Health Outcome & Assessment Tools (MH-OAT) Maintain accurate, comprehensive and current clinical notes in clients' medical records and other relevant record systems. Maintain accurate and current client lists. Attend staff meetings as directed. Conduct administrative duties as required by Department Head. Complete monthly staff statistical information forms. Accurately complete car logs.</p> <p>General Work within a multidisciplinary team and have an understanding of a multidisciplinary approach. Develop and maintain skills by involvement in continuing education and professional development programs. Participate in professional/clinical supervision as required. Provide field work education and supervision to psychology students/multidisciplinary team members and assist with other student placement. Familiarity and understanding of the Mental Health Service Policies and Procedures. Be aware of, adhere to and participate in the development of policies and procedures of the service. Develop and maintain professional skills by involvement in continuing education and professional development. Documentary evidence of client and/or carer involvement in development of their own treatment/management plan. Undertake any reasonable duty as required by the Department Head. Participate in Quality Improvement Activities. Maintain registration with the NSW Psychologist's Registration Board. Maintain a current NSW Drivers Licence. Participate in research designed to improve the quality of services. Attend all mandatory training as required by the Area. Identify and report risks as appropriate. Participate in risk management activities as required.</p>
Challenges/Problem Solving :	As per key accountabilities.
Communication :	As per key accountabilities.
Decision Making :	As per key accountabilities.
	Selection Criteria

Selection Criteria :	Masters or Doctorate degree in clinical psychology or International equivalent.
	Full registration with AHPRA. Specialist endorsement in the area of clinical psychology or eligibility to progress to specialist endorsement.
	Current unrestricted NSW drivers licence.
	Demonstrated ability to provide diagnostic screening for clients presenting with impaired cognitive functioning and major mental illness.
	Demonstrated experience working with young people providing psychological interventions and provision of groups in mental health.
	Highly developed skills in engagement and therapeutic alliance.
	Commitment to liaising and supporting consumers and facilitating consumer involvement in the development of their own treatment / management plans.
	Ability to demonstrate an understanding of Mental Health issues in the community.
Staffing :	NIL
Budget :	NIL
Financial Delegation:	NIL

JOB DEMANDS CHECKLIST

Physical Demands	
	Frequency
Sitting - remaining in a seated position to perform tasks	Frequent
Standing - remaining standing without moving about to perform tasks	Occasional
Walking - Floor type: even / uneven / slippery, indoors / outdoors, slopes	Occasional
Running - Floor type: even / uneven / slippery, indoors / outdoors, slopes	Occasional
Bend/Lean Forward from Waist - Forward bending from the waist to perform tasks	Infrequent
Trunk Twisting - Turning from the waist while sitting or standing to perform tasks	Not Applicable
Kneeling - remaining in a kneeling posture to perform tasks	Not Applicable
Squatting / Crouching - Adopting a squatting or crouching posture to perform tasks	Not Applicable
Leg / Foot Movement - Use of leg and / or foot to operate machinery	Not Applicable
Climbing (stairs/ladders) - Ascend / descend stairs, ladders, steps	Occasional
Lifting / Carrying - Light lifting & carrying: 0 - 9 kg	Infrequent
Lifting / Carrying - Moderate lifting & carrying: 10 - 15 kg	Not Applicable
Lifting / Carrying - Heavy lifting & carrying: 16kg & above	Not Applicable
Reaching - Arms fully extended forward or raised above shoulder	Infrequent
Pushing / Pulling / Restraining - Using force to hold / restrain or move objects toward or away from the body	Infrequent
Head / Neck Postures - Holding head in a position other than neutral (facing forward)	Infrequent
Hand & Arm Movements - Repetitive movements of hands and arms	Occasional
Grasping / Fine Manipulation - Gripping, holding, clasping with fingers or hands	Infrequent
Work At Heights - Using ladders, footstools, scaffolding, or other objects to perform work	Not Applicable
Driving - Operating any motor powered vehicle	Occasional
Sensory Demands	
	Frequency
Sight - Use of sight is an integral part of work performance e.g. Viewing of X-Rays, computer screens	Frequent
Hearing - Use of hearing is an integral part of work performance e.g. Telephone enquiries	Frequent
Smell - Use of smell is an integral part of work performance e.g. Working with chemicals	Occasional
Taste - Use of taste is an integral part of work performance e.g. Food preparation	Occasional
Touch - Use of touch is an integral part of work performance	Infrequent
Psychosocial Demands	
	Frequency
Distressed People - e.g. Emergency or grief situations	Frequent
Aggressive & Uncooperative People - e.g. drug / alcohol, dementia, mental illness	Infrequent
Unpredictable People - e.g. Dementia, mental illness, head injuries	Occasional
Restraining - involvement in physical containment of patients / clients	Occasional
Exposure to Distressing Situations - e.g. Child abuse, viewing dead / mutilated bodies	Infrequent
Environmental Demands	
	Frequency
Dust - Exposure to atmospheric dust	Occasional
Gases - Working with explosive or flammable gases requiring precautionary measures	Infrequent
Fumes - Exposure to noxious or toxic fumes	Not Applicable

Liquids - Working with corrosive, toxic or poisonous liquids or chemicals requiring PPE	Not Applicable
Hazardous substances - e.g. Dry chemicals, glues	Infrequent
Noise - Environmental / background noise necessitates people raise their voice to be heard	Occasional
Inadequate Lighting - Risk of trips, falls or eyestrain	Infrequent
Sunlight - Risk of sunburn exists from spending more than 10 minutes per day in sunlight	Infrequent
Extreme Temperatures - Environmental temperatures are less than 15C or more than 35C	Not Applicable
Confined Spaces - areas where only one egress (escape route) exists	Not Applicable
Slippery or Uneven Surfaces - Greasy or wet floor surfaces, ramps, uneven ground	Infrequent
Inadequate Housekeeping - Obstructions to walkways and work areas cause trips and falls	Infrequent
Working At Heights - Ladders / stepladders / scaffolding are required to perform tasks	Not Applicable
Biological Hazards - e.g. exposure to body fluids, bacteria, infectious diseases	Infrequent

As the incumbent of this position, I confirm I have read the Position Description and Job Demands Checklist, understand its content and agree to work in accordance with the requirements of the position.

Employee Name: _____

Employee Signature _____ Date: _____

Manager's Name: _____

Manager's Signature _____ Date: _____